



Breakfast Mix

INGREDIENTS

Green peppers, red peppers, red onions

FORMAT

8 x 1 kg (8 x 2.2 lb.)

Product specifications

INGREDIENTS	CUT	DIMENSIONS
Green peppers	Diced	3/8 in. (0.9525 cm)
Red peppers	Diced	3/8 in. (0.9525 cm)
Red onions	Diced	3/8 in. (0.9525 cm)

Nutrient claim:

- No salt added

Shelf life:

The shelf life is 24 months at a temperature of -18°C or 0°F.

Kosher: no

This product is GMO free

No color or preservatives added

Nutrition Facts Valeur nutritive	
Per 3/4 cup (85 g) pour 3/4 tasse (85 g)	
Calories 25	% Daily Value*
Fat / Lipides 0 g	% valeur quotidienne*
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	0 %
Carbohydrate / Glucides 6 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 2 g	2 %
Protein / Protéines 1 g	
Cholesterol / Cholestérol 0 mg	
Sodium 4 mg	0 %
Potassium 175 mg	4 %
Calcium 10 mg	1 %
Iron / Fer 0.4 mg	2 %
* 5% or less is a little, 15% or more is a lot * 5 % ou moins c'est peu, 15 % ou plus c'est beaucoup	

Cooking instructions



OVEN	PAN	MICROWAVE
9-11 minutes	4-6 minutes	2-3 minutes
205°C (400°F)	Medium-high heat	Maximum power

- 1 Cook from frozen.
- 2 Cook vegetables to a minimum temperature of 74°C (165°F) and until they have reached desired texture. Cooking time may vary depending on the type of vegetable and appliance used.
- 3 Remove vegetables from the heat as soon as they are ready to prevent overcooking.

Logistics information

ITEM: BREAKFAST MIX 8 X 1 KG (8 X 2.2 LB.)



UNITS

UPC

055686107512

PACK SIZE

8 x 1 kg (8 x 2.2 lb.)

CASE

CASE SCC CODE

10055686107519

CASE DIMENSIONS

(Width, depth, height | volume)
29.21 cm, 39.05 cm, 17 cm | 19,391 cm³
(11.5 in., 15.38 in., 6.938 in. | 1,227 cu. in.)

CODIFICATION

PLANT/Y/DDD/LINE + HOUR

PALLET

HI 5 / TI 10

IDEAL FOR

Omelettes | Quiches | Salsa
Stir-fries | Side dishes
... and so much more!