

Arctic Gardens®

ELEMENT



4-Bean Salad

1005568658704

6 x 2 kg
Cut green beans, cut wax beans, dark red kidney beans, chick peas, diced onions, diced red peppers



Asian

10055686525180

6 x 1.75 kg
Whole green beans, broccoli florets, julienne carrots, sugar snap peas, diced onions, red pepper strips, sliced water chestnuts, sliced mushrooms



California

10055686501195

6 x 2 kg
Sliced carrots, broccoli florets, cauliflower florets



Cocktail

10055686587007

6 x 2 kg
Cut green beans, sliced carrots, cut wax beans



Fajita

10055686504105

6 x 2 kg
Red, green and yellow pepper strips, onion strips



Florentine

10055686588004

6 x 2 kg
Cauliflower florets, peas, cut green beans, cut wax beans, red pepper strips



Italian

10055686583003

6 x 2 kg
Crinkle sliced carrots, green zucchini, cauliflower florets, romano beans, yellow zucchini, Lima beans, red pepper strips



Mexican

10055686586253

6 x 2 kg
Supersweet corn, broccoli florets, julienne carrots, red pepper strips, crinkle zucchini quarters, diced onions, green pepper strips



Minestrone

10055686300019

6 x 2 kg
Diced carrots, diced celery, cut green beans, dark red kidney beans, peas, diced onions, diced green peppers



Mirepoix

10055686589506

6 x 2 kg
Diced carrots, diced celery, diced onions



Mixed Vegetables (4)

10055686574007

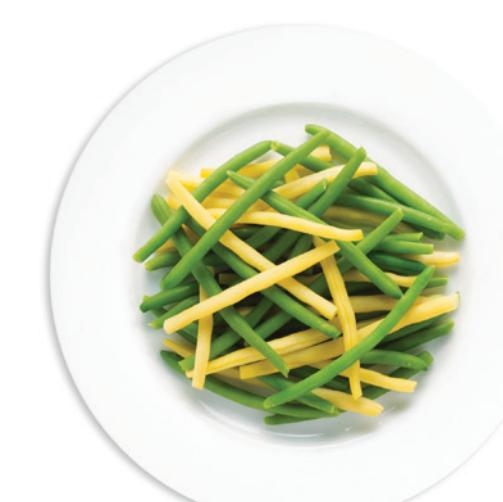
6 x 2 kg
Crinkle sliced carrots or diced carrots, cut green beans, supersweet corn



Mixed vegetables (5)

10055686255029

6 x 2 kg
Crinkle sliced carrots or diced carrots, peas, supersweet corn, cut green beans, cut wax beans



Mixed Whole Green And Yellow Beans

40055686522103

2 x 4.5 kg
Green beans, wax beans



Montego

10055686547025

6 x 2 kg
Cauliflower florets, broccoli florets, yellow sliced carrots, orange sliced carrots



Old Fashioned

10055686160033

6 x 2 kg
Yellow diced carrots, orange diced carrots, diced celery, cut green beans, diced onions



Paradiso

10055686273351

4 x 2 kg
Whole green beans, whole wax beans, bias cut orange carrots, bias cut yellow carrots, broccoli florets



Parisian

10055686586000

6 x 2 kg
Julienne carrots, cauliflower florets, cut green beans, diced onions



Pearl Harvest

20055686259147

6 x 2 kg (not available in QC)
Whole wax beans, romano beans, whole baby carrots, pearl onions, diced red peppers



Peas & Diced Carrots

10055686560505

6 x 2 kg
Peas, diced carrots



Peas & Sliced Carrots

10055686560000

6 x 2 kg
Crinkle sliced carrots, peas



Prince Edward

20055686259130

6 x 2 kg
Whole green beans, whole wax beans, whole baby carrots



Thai

10055686255142

6 x 1.75 kg
Broccoli florets, julienne carrots, whole green beans, whole baby corn, diced onions, sugar snap peas, red pepper strips, sliced mushrooms



10055686590007

6 x 2 kg
Romanesco florets, fine whole green beans, julienne orange carrots, julienne yellow carrots



San Francisco

10055686300118

6 x 2 kg
Broccoli florets, cauliflower florets, whole baby carrots, whole green beans



Spaghetti

10055686589001

6 x 2 kg
Onions, celery, diced carrots, green peppers, red peppers



Stew

10055686300033

6 x 2 kg
Potatoes, carrots, turnip (rutabaga), onions, homestyle cut



Sunrise

10055686547032

6 x 2 kg
Cut green beans, sliced orange carrots, sliced yellow carrots



Stir-fry

10055686584006

6 x 2 kg
Broccoli florets, french cut green beans, julienne carrots, diced onions, red pepper strips, sliced mushrooms



Veggies Pick of the day

10055686014282

6 x 2 kg
Extra fine green beans, julienne orange carrots, julienne yellow carrots



Winter

10055686581005

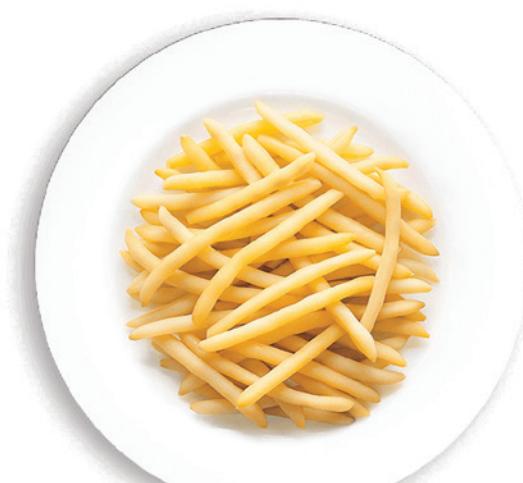
6 x 2 kg
Broccoli florets, cauliflower florets

Accent

Gourmet Vegetables



Whole Green Beans



Whole Wax Beans



Riced Cauliflower

10055686272231
4 x 2 kg



Shelled Edamame Beans

10055686276642
4 x 2 kg



Peas Petite

10055686272248
4 x 2 kg



Grilled Eggplant

10055686280113
7 x 1 kg



Grilled Red and Yellow Peppers

10055686280205
7 x 1 kg



Grilled Zucchini

10055686280007
7 x 1 kg

Roasting Blends



Roasting Vegetables Asparagus & Red Potatoes

10055686277748
4 x 2 kg

Roasted red potatoes diced, carrots bias cut, asparagus cuts and tips, red onions diced, canola oil, light seasoning



Roasting Brussel-Style Blend

10055686124608
4 x 2 kg

Cauliflower florets, brussels sprouts, sweet potatoes, canola oil, light seasoning



Roasting Root Blend

10055686120556
4 x 2 kg

Sweet potatoes, orange carrots, yellow carrots, parsnips, red onions, canola oil, light seasoning

Signature Blends



7-Bean Salad

10055686274440
4 x 2 kg

White great northern beans, black turtle beans, chick peas, navy beans, red kidney beans, pinto beans, black eyed peas



Bistro

10055686272255
4 x 2 kg

Whole green beans, whole wax beans, bias cut orange carrots, bias cut yellow carrots



Fall Medley

10055686279940
4 x 2 kg

Bias cut carrots, chunky turnips, chunky squash, chunky sweet potatoes, chunky red onions



Fusion

10055686271159
4 x 2 kg

Supersweet corn, black beans, edamame beans



Kalebanzo

10055686278844
4 x 2 kg

Chopped kale, orange julienne carrots, yellow julienne carrots, green garbanzo beans



Niagara

10055686275546
4 x 2 kg

Whole baby carrots, whole green beans, water chestnuts, whole baby corn



Rice Pilaf

10055686273344
4 x 2 kg

Pre-cooked rice, mini peas, sliced mushrooms, diced carrots, diced red peppers



Purées



Broccoli Purée

03083681070712
4 x 2.5 kg

Nuggets (30g)



Carrot Purée

03083681070804
4 x 2.5 kg

Nuggets (30g)



Green Bean Purée

03083681070736
4 x 2.5 kg

Nuggets (30g)



Green Pea Purée

03083681070897
4 x 2.5 kg

Nuggets (30g)

Gourmets



Gourmet Stir-fry with Grilled Vegetables

03083681070637
6 x 1 kg

Grilled zucchini, sugar snap peas, pre-fried eggplant, grilled red peppers, grilled yellow peppers, sunflower oil



Potato Gratin

03083681076776
4 x 2.5 kg

Potatoes with Béchamel Sauce